

## Visiting Student Program



#### Introduction

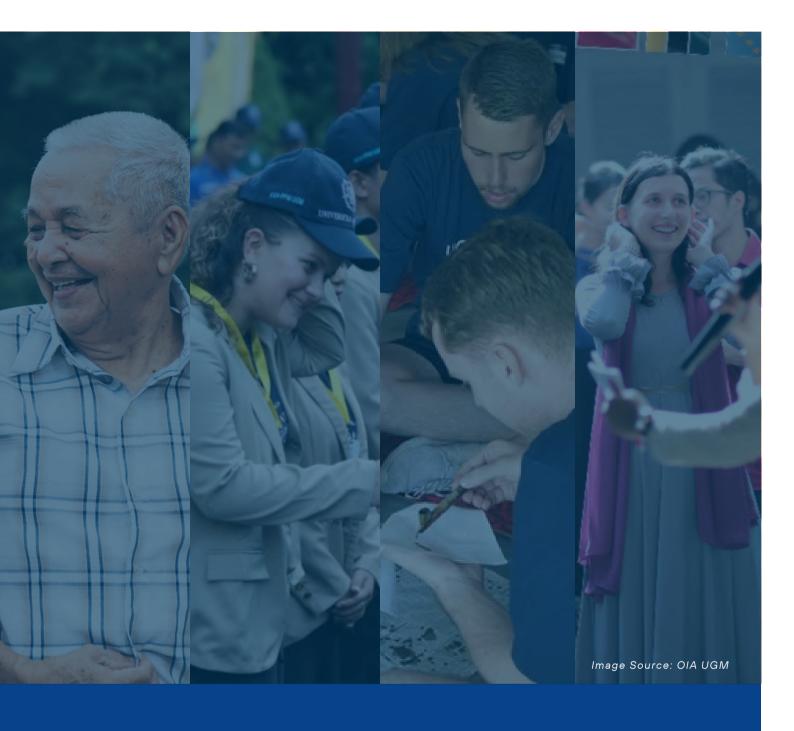
The Visiting Student Program is a program that provides students with hands-on experience in understanding various humanitarian and environmental issues. This program is designed to develop individuals who are ready to actively contribute to community development through a community-based approach

The primary mission of this program is to develop students who possess integrity, social responsibility, as well as the knowledge and skills required to make tangible contributions to society. The program also encourages the information exchange of and innovation between students and local communities to create relevant and sustainable solutions. Topics offered in the Visiting Student Program include: Population, Aging Environment. Entrepreneurship, and Waste Management.









## Specific Theme

The Visiting Student Program covers a wide range of thematic areas, including Aging Population, Environment, Entrepreneurship, and Waste Management — all of which are designed to address key issues in sustainable community development..

## 1. Aging Population

#### Community-Based Elderly Empowerment Program

This program focuses on empowering the elderly through community-based initiatives, implemented in collaboration with local social movements in rural areas. It aims to enhance the physical, mental, emotional, and social well-being of older adults by facilitating meaningful interactions between university students and the local elderly community..

#### Location

The program will take place in a rural area, in collaboration with a community-managed elderly care home. This community-based approach allows students to be directly involved in ongoing local initiatives, fostering meaningful collaboration and sustainable impact tailored to the community's needs.

#### **Activity**

- Visits to elderly care home
- Handicraft skills training
- Household waste management workshops
- Health education for eldery (nutrition, light exercise, mental health)
- Financial literacy classes
- Life story sharing
- Painting with eldery
- Gardening together



#### **Core Values**

Collabroration - Compassion Inclusion - Empowerment













The following is a series of activities designed to provide direct and meaningful learning experiences for students

One-Day Program	<ul> <li>Activities</li> <li>Visit to the community-managed elderly care home</li> <li>Collaborative Craft Workshop with the Elderly</li> <li>Health Education Session (nutrition, exercise, mental health awareness)</li> <li>Reflection Session &amp; Closing Ceremony</li> </ul>
	<ul> <li>Activities Day 1</li> <li>Introduction to the elderly care facility and its community-based management.</li> <li>Sharing meaningful life stories and local wisdom by the elderly</li> <li>Structured physical interactions to encourage bonding between the elderly and students</li> </ul>
Three-Day program	Activities Day 2     Craft and upcycling workshops (from waste materials)     Health & wellness: group exercise, blood pressure check, nutrition class.
	<ul> <li>Activities Day 3</li> <li>Painting and storytelling together.</li> <li>Mini-exhibition of elderly crafts and paintings.</li> <li>Reflection &amp; intergenerational discussion session.</li> </ul>

#### Day 1–2: Community Immersion

- Exploring the local social and cultural environment
- Discussions with local community leaders

#### Day 3-4: Empowerment Workshops

- Thematic sessions (digital skills, arts, environmental awareness).
- Co-creation of simple tools/products with elderly (e.g., craft kits, recipe book).

#### Day 5-6: Elderly Health Day

- Mini-health camp (basic screening, nutrition talks).
- Therapeutic activities (music, mindfulness, traditional dance).

#### Day 7: Generations in Harmony: Sharing and Celebration

- Students present innovative ideas/tools for easier elderly care
- Cultural night showcasing student and elderly collaboration.
- Final reflection and handover of documentation/artwork.

#### Week 1: Learning & Understanding

- Lectures/workshops on global aging issues, community-based care models, and SDGs.
- Field observations and interviews with elderly residents.
- Participatory rural appraisal techniques to identify community needs.

#### 2 Weeks-Summer Course

**Seven-Day Program** 

#### Week 2: Co-Creation & Sustainable Impact

- Collaborative project design: students and elderly create a small-scale social initiative.
- Long-term planning workshop with community leaders.
- Project showcase: crafts, digital storytelling, short documentary, or toolkits.
- Closing Ceremony: Certification and Cultural Exchange

#### Visiting Student Program | **Booklet**

## 2. Environmental Sustainability

## Community-Based Coastal Conservation Program

This program focuses on environmental sustainability through active engagement in coastal area preservation. Conducted in collaboration with local communities living near the coastline, the program aims to raise environmental awareness,, promote sustainable practices, and encourage environmental stewardship through hands-on learning and collaboration.

#### Location

Coastal rural areas (fishing villages or coastal settlements) where community groups are actively involved in environmental initiatives

#### **Activity**

- Coastal cleanup with community
- Mangrove planting combined with engaging education on its vital ecological role
- Workshop on plastic waste upcycling (eco-bricks, crafts, etc.)
- Creating eco-tourism educational materials (maps, signage)
- Community dialogue: environmental problems & local solutions
- Composting & organic waste management in coastal areas
- Developing a mural or wall art themed around ocean protection
- Sustainable fishing practices





#### **Core Values**

Collaboration - Sustainability Innovation - Education Empowerment













The following is a series of activities designed to provide direct and meaningful learning experiences for students

#### **Activities** Opening Session: Introduction to the Local Community and Environmental Context **One-Day Program** Coastal Cleanup with Local Residents Mangrove Walk & Planting Activity Field Activity: Mangrove Walk and Planting for Coastal Restoration **Activities Day 1** • Orientation on coastal community life and environmental challenges Beach walk and waste mapping • Community dialogue: environmental issues and local knowledge • Beach Cleanup and Waste Classification **Activities Day 2** Mangrove education session and planting activity • Upcycling workshop (making crafts from ocean Three-Day program plastic) Composting demo from organic waste **Activities Day 3** Mural painting on conservation awareness

group

• Creation of eco-signage for village or beach area

• Reflection session on with community

Presentation of findings or ideas by student

#### Day 1–2: Community Immersion

- Orientation on coastal community life and environmental challenges
- Beach walk and waste mapping
- Community dialogue: environmental issues and local knowledge
- Beach Cleanup and Waste Classification

#### Day 3-4: Environmental Action & Learning

- Mangrove education session and planting activity
- Upcycling workshop (making craft from plastic waste)
- · Composting demo from organic waste

#### Day 5-6: Eco-Education Day and Creativity

- Mural painting on conservation awareness
- Creation of eco-signage for village or beach area
- Reflection session with community
- Presentation of findings or ideas by student group

#### Day 7: Intergenerational Exchange & Celebration

- Mini eco-festival
- Cultural performance from community
- Joint reflection & closing ceremony

#### Week 1: Learning & Understanding

- Lectures on climate change, marine ecosystems, and SDGs
- Field observation: marine pollution, mangrove loss, coastal livelihoods
- Interviews with fisher families and local leaders
- Mini-project proposal development by student teams

#### 2 Weeks-Summer Course

**Seven-Day Program** 

#### Week 2: Co-Creation & Sustainable Impact

- Mangrove planting, eco-craft, and composting workshops
- Public awareness campaign (flyers, social media content, murals)
- Collaborate on a small-scale sustainable solution (e.g., waste collection point, educational signage)
- Final presentation of student projects to the community and local authorities
- Cross-cultural reflection, certificate awarding, and farewell celebration

### 3. Entrepreneurship



### | Community-Based Rural | Entrepreneurship Program

This program aims to promote inclusive and sustainable economic development by empowering rural communities through entrepreneurship. Students will collaborate with local micro and small businesses to strengthen skills in innovation, marketing, digital literacy, and sustainable business practices.

The program emphasizes hands-on learning, knowledge exchange, and co-creation of value-added products or services, while also respecting local culture and wisdom.

#### Location

Rural villages with active community enterprises (e.g., home industries)

#### **Activity**

- Business visit & mapping of local products
- Workshop: branding, storytelling, & packaging improvement
- Digital marketing training (social media, product photos, marketplace)
- Idea exchange: pitching sessions & innovation labs
- Financial literacy & simple bookkeeping
- Co-creation of promotional content (videos, posters)
- Cultural product showcase (e.g., food tasting, craft expo)
- Mentoring session with local entrepreneurs
- Youth entrepreneurship discussion forum
- Sustainability workshop: eco-product packaging, circular business model



#### **Core Values**

Cretivity - Collaboration
Local wisdom - Innovation













The following is a series of activities designed to provide direct and meaningful learning experiences for students

One-Day Program	<ul> <li>Activities</li> <li>Business Visit: Local SME or Home Industry Tour</li> <li>Workshop: Branding &amp; Simple Packaging Design</li> <li>Digital Marketing Practice: Product Photography &amp; Social Media Posting</li> <li>Youth Discussion Forum: Innovation in Rural Business</li> <li>Reflection &amp; Product Showcase</li> </ul>
Three-Day program	<ul> <li>Activities Day 1</li> <li>Introduction to rural business ecosystem</li> <li>Field visit to 2–3 different types of local businesses (crafts, food, farming)</li> <li>Business mapping &amp; problem identification with community</li> </ul>
	<ul> <li>Activities Day 2</li> <li>Workshop: branding, packaging, and storytelling</li> <li>Financial literacy: simple budgeting, pricing, bookkeeping</li> <li>Co-design session: improving product/service with youth &amp; women groups</li> </ul>
	<ul> <li>Activities Day 3</li> <li>Presentation &amp; exhibition of enhanced business ideas</li> <li>Reflection and closing dialogue with community leaders</li> </ul>

#### Day 1-2: Community Immersion

- Learning local socio-economic structure & business practices
- Interviews with MSMEs, cooperatives, and informal workers
- Business SWOT analysis and market observation

#### Day 3-4: Entrepreneurship Development

- Creative workshop: eco-product innovation, storytelling
- Collaboration with local to co-create product upgrades
- Session on sustainable business models & green entrepreneurship

#### **Seven-Day Program**

#### Day 5-6: Pitching & Showcasing

- Social media marketing training
- Team pitching of new business ideas or upgraded products
- Feedback from community mentors or local business owners

#### Day 7: Celebration & Reflection

- Community exhibition day
- Reflections and program closure

#### Week 1:Knowledge Building & Observation

- Lectures: rural development, social entrepreneurship, inclusive business
- Participatory rural appraisal: identifying business opportunities
- Hands-on field visits: home industries, farmer groups, youth-led enterprises
- Problem-solving workshops with community members

#### 2 Weeks-Summer Course

#### Week 2:Co-Design & Action Implementation

- Creative workshop: eco-product innovation, storytelling
- Collaboration with local to co-create product upgrades
- Session on sustainable business models & green entrepreneurship

### 4. Waste Management

## Community-Based Waste Management and Circular Economy Program

This program focuses on promoting sustainable and inclusive waste management practices by engaging students directly with rural communities. It aims to raise awareness, build local capacity, and support grassroots innovation in managing household and community waste especially through reuse, recycling, and composting.

Participants will collaborate with local residents to identify challenges and co-create simple, low-cost, and culturally appropriate solutions.

#### Location

Rural villages with limited formal waste infrastructure but active community-led waste initiatives or traditional practices (e.g., composting, reuse,).

#### **Activity**

- Community Waste Mapping & Awareness Walk
- Household Waste Segregation & Ecobrick-Making Workshop
- Upcycling Craft Workshop (e.g., bags from plastic, décor from waste materials)
- River or Village Cleanup Campaign
- Public Education Initiatives (posters, stickers, school outreach)
- Waste Audit: Data Collection & Visualization
- Waste Bank Visit & Interactive Simulation



#### **Core Values**

Inclusivity - Collaboration Sustainability - Innovation













The following is a series of activities designed to provide direct and meaningful learning experiences for students

#### **One-Day Program**

- Welcome & Introduction to Local Waste Challenges
- Workshop: Waste Sorting & Composting
- Ecobrick or Upcycling Craft Activity
- Reflection & collaborative activity using waste materials

#### **Activities Day 1**

**Activities** 

- Interviews with households, informal waste workers, & youth
- Group Discussion: Unsustainable Practices and Local Environmental Challenges

#### **Activities Day 2**

- Composting demo & practice
- Ecobrick making or DIY crafts from waste
- Create outreach materials: stickers, infographics, zero-waste toolkit

#### Three-Day program

#### **Activities Day 3**

- Public campaign: clean-up + educational booth
- Reflection and proposal for long-term behavior change

#### Day 1-2:Immersion & Mapping

- Daily waste generation mapping
- Observing informal waste management practices (burning, dumping, reuse)
- Household visits & community interviews

#### Day 3-4: Learning & Co-Creation

- Making a Small-scale Composting Bin
- Waste sorting simulation (color coding, labeling)
- Ecobrick and upcycled product prototyping
- Collaborative educational content creation (videos/posters)

#### **Seven-Day Program**

#### Day 5-6: Awareness, Sustainability Dialogue

- Discussion with community leaders, local gov, youth
- Building local commitment and community action plan

#### **Day 7:Waste Art Festival**

- Waste art gallery, exhibition
- Final reflection and celebration

#### Week 1: Exploration and Engagement

- Lectures on circular economy, zero waste, rural infrastructure
- Community survey and baseline study
- Learning from informal waste systems and indigenous knowledge
- Co-designing ideas with youth groups

#### 2 Weeks-Summer Course

#### Week 2: Innovation & Implementation

- Implement pilot: compost area, eco-bin corner, mural, or waste signage
- Social media or offline campaign
- Showcase of outcomes, final pitch, and stakeholder handover
- Closing ceremony and certificate awarding

2025

## Booklet Visiting Student Program

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